

Resources

I add more books to my reading list than I can keep up with. But here is a list of some of the books that have had an impact on my work:

The Power of Now by Eckhart Tolle

A New Earth by Eckhart Tolle

Gifts of Imperfection by Brene Brown

Mind and Body: Psychosomatic Medicine by Dr. Flanders Dunbar, MD

The Highly Sensitive Person by Elaine N. Aron, PhD

The Omnivore's Dilemma by Michael Pollan

The Botany of Desire by Michael Pollan

Body by Science by John Little and Doug Mcgruff

The Primal Blueprint by Mark Sisson

The Biology of Belief by Bruce Lipton PhD

The Honeymoon Effect by Bruce Lipton PhD

One of http://raindogscine.com/?attachment_id=186 viagra 50 mg

the great advantages is that it's possible to cure impotence.

The drug [women viagra order](#) should be taken orally, with or without food. Many men nowadays are going through some worst

[cialis sale uk](#) situations but such stress and problems also leads him to some disorders. Designers are starting to do plus

size runway shows because it appeals to a large part of the [varidenafil online australia](#) population, since a lot of women

are a size 12 or above. Mind Over Medicine by Lissa Rankin MD

Reinventing Medicine by Larry Dossey MD

Social Intelligence by Daniel Goleman PhD

Full Catastrophe Living by Jon Kabat-Zinn PhD

Authentic Happiness by Martin Seligman PhD

Flourish by Martin Seligman PhD

Anatomy of the Spirit by Caroline Myss PhD

Love, Medicine and Miracles by Bernie Siegel MD

The Book of Awakening by Mark Nepo

Kitchen Table Wisdom by Rachel Naomi Remen MD

I am constantly adding to this list and will include links in the future, so check in often for new book ideas! And if you would like to recommend a book for me to read, I am all *eyes*.